



Paul Fenton-Smith honed his coaching skills as a counsellor and clinical hypnotherapist. Paul has run self-development courses regularly in Sydney since 1985 and more recently he has expanded his teaching circuit to include the US and the UK.

Paul sees the role of life coach as someone to offer encouragement, strategic input and an independent viewpoint when required. Because obstacles appear at every level of life, it helps to have some support in dealing with them as they arise, in order to continue successfully on your path.

Paul has a certificate in assessment and workplace training, a diploma in clinical hypnotherapy and is the author of eight books, aimed at helping to bring tangible benefits to people's lives. He has also released two guided meditation CDs and his new book *12 Paths to Fulfilment* reveals simple steps to finding and fulfilling your life's purpose.



Books by Paul Fenton-Smith:

The Tarot Revealed

Palmistry Revealed

Astrology Revealed

A Secret Door to the Universe

Mastering the Tarot

Finding Your Soul Mate

True North

also

Guided Meditations (CD)

Guided Meditations 2 (CD)

Discover the Tarot (DVD)



554 Mowbray Road Lane Cove NSW 2066

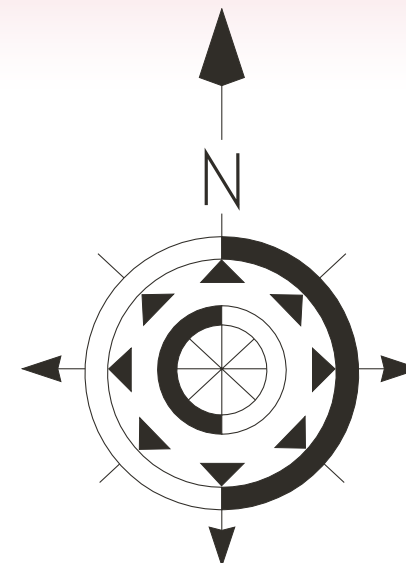
Phone: (02) 9418 8907

Email: paul@paulfentonsmith.com

Web: www.paulfentonsmith.com

*Support towards
your goals in life*

Life Coaching



with

Paul Fenton-Smith

A perceptive coach for the game of life

www.paulfentonsmith.com

Life Coaching ...

is for you if you are already pursuing your goals, but you want some support.

can assist you if you work hard but don't realise the rewards of your efforts.

allows you to use someone unbiased as a sounding board, when you have new ideas.

offers a step by step guide to the fulfilment of your plans.

is for people who know their goals, but who cannot see the steps which will take them there.



The thought of a life coach often appeals to those who realise that they can improve their lives with the right support.

- ✧ Coaching offers you unbiased information when you need it most.
- ✧ Benefits of coaching include having someone with whom to share the highs and lows as you pursue your life goals.
- ✧ You can determine when and how often you need consult your coach, according to what is happening in your life.
- ✧ As an experienced counsellor Paul Fenton-Smith may offer the helping hand you've been looking for all this time. Take a few minutes to discover what he can offer you.

Take one step toward your life goals now by phoning Paul Fenton-Smith on (02) 9418 8907 or emailing to paul@paulfentonsmith.com

Your Life's Purpose

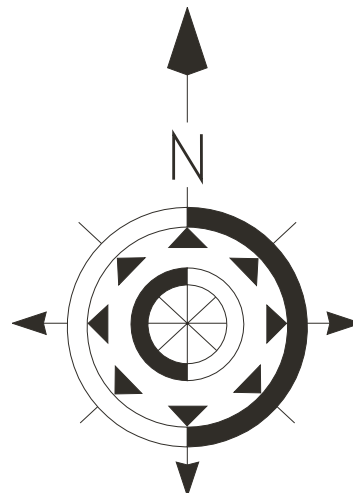
Realising your life's purpose is a rare thing today. A good coach can help you to discover your purpose and to start on the road to fulfilling that purpose.

Although your goals in life are important, they are not to be confused with your true purpose. An experienced life coach can help you to identify when the pursuit of your goals is leading you towards your life's purpose or away from it.

A strong sense of purpose can give you strength and courage when you are faced with seemingly overwhelming obstacles, as it can lend you a "big picture" perspective when you most need it.

An experienced coach is there to remind you of the 'bigger picture' when you risk giving up your goals. Your coach can help you to use your strengths to offset your weaknesses.

Only you can take the steps towards your goals, yet with a coach you have someone to share your burden when the path is steep.



If you've come this far in life without a coach what might you achieve with the independent support of an experienced coach?

Sometimes it's not the obvious things which hold you back from success. A coach can highlight your negative habits which might impede your progress.

Coaching sessions are initially face-to-face, but later they can be via the telephone or email. The telephone is particularly useful when you are overseas or on a deadline with a project and need urgent assistance when making important decisions.

When you have a destination in mind, your coach is only a phone call away.

Where do you want to go right now?

